

# David's Story

*September, 2015*

**By Dr. Derek Conte**

With the return of the new school year I thought I'd share a special story of a misunderstood little boy and how his life was changed by chiropractic. Some years ago, a five-year-old adopted boy with luminous eyes, named David, was brought in on referral by his dad for me to examine. David didn't speak very much and was painfully shy. David's dad told me that since his adoption two years ago, the boy has suffered from almost non-stop earaches, hearing problems, nausea and vomiting, clogged nasal passages, balance problems and, worst of all, a lot of social isolation and bullying from other kids. He was cautious, silent and remote. There was fear he might be autistic.

The exam revealed that David did not stand straight. His head was strongly tilted to one side and he carried much more body weight on one leg than the other. For a chiropractor, these are signs of trouble in the nervous system and, by extension, the overall health of the person. David's nose was completely clogged, running steadily. His ears were clogged too, a simple hearing test confirming a problem. A check of the spine revealed a very painful and rotated second cervical vertebra and also a significantly rotated sacrum.

We adjusted David that day and rechecked his posture and weight distribution. He was balanced and we sent him home. His dad called later and said David got sick twice on the way home and never got sick again.

The next week David came in talking animatedly and explaining how he put a bully in his place at school. There was no more fear. No hesitation. His nose was clear and there was no nasality in his speech. His dad said he was a different child. His dad presented me with an astonishing piece of art he recently completed (it is still hanging in my office for anyone to see).

Now, years later, David has had none of his original symptoms return. The added (and most important) dimension observed in David was the flowering of his personality, which was held in check by his feeling awful all the time. The innate power and talent within him had only to be unlocked.

Chiropractors do not treat diseases. Our mission is to clear the nervous system of errant nerve behavior by adjusting the spine and restoring the posture to a neutral state. It often follows that ailments clear up without the use of drugs because the chiropractic adjustment allows the body to function as it was designed to. The thing to remember is that chiropractic is for everyone and should be an essential part of all our lives. Arrange a checkup with a chiropractor near you so that you can unlock all of *your* potential.

*Dr. Derek Conte is a founding member of Chiropractic Specialists on Concord Rd. in Smyrna. For questions, call: 404-784-6008. Also visit: [drderekconte.com](http://drderekconte.com) for more articles, info and photos.*

