

# Chiropractic Is For Everyone July, 2017

**By Dr. Derek Conte**

Who should receive chiropractic care? The short answer is: Everyone. From infancy to old age, proper chiropractic care will help your body function at its best and bring you to the health the Creator intended.

Why is that? If you have been following this column for the last 12 years and enjoyed the case studies presented, you will recall how many people have been helped and healed.....even those who had suffered long and greatly, finding no solution elsewhere.

Why should chiropractic help people when other health disciplines could only reduce their problem or have no effect at all? It is because chiropractors are doctors of the nervous system.....not the bones. And it is the nervous system that controls all other systems in our bodies. The bones are merely the levers used to correct the miscommunication between the brain and our every muscle, organ and gland.

The strategy of how vertebrate anatomy is worked out is ingenious. Every structure in the body is wired to the brain via millions of sensors and nerves. As the environment changes, the nerves update the brain about the change in status. The brain then quickly, often instantaneously, evaluates the changes and bounces new commands back to the body which then as quickly adapts. Your chiropractor knows this anatomy and physiology very well because it is his primary training.

This means EVERY environmental change and response we experience in our lifetimes ranging from our skin getting taut in cold weather, to seeing a baseball and hitting it, to the release of digestive enzymes upon the eating of our food, to something as subtle as our heartbeat rising after being upset emotionally. Every change in our environment REQUIRES a neurological response. The problems begin when the nervous system begins to lose its sensitivity and can't measure the change, reducing the accuracy and speed of its response. If the nervous system is sluggish or is inaccurate in its messages we are not functioning as designed and are more likely to fall ill.

Why would someone not think of seeing a chiropractor with something other than back pain? Well, we don't grow up with chiropractic commercials on TV bombarding us around the clock with reminders of: "ask you chiropractor". Rather, the commercial conditioning we've seen for decades has been: "Here's a new disease we've just discovered. If you have these symptoms or think you have this disorder, here's a new drug that can help. Ask your doctor."

Now, while there are medications that can improve or save lives in some cases, I remind you that you already have a gigantic drug store in your body. It's located in your brain and in the glands and it's designed to last a lifetime, provide every chemical you'll ever need, in exactly the correct amounts, directed to exactly the right destination, and have exactly the appropriate action.....WITH NO SIDE-EFFECTS. They just need to be liberated from dormancy.

Over and over again, millions of times a year, across the country and around the world, chiropractic is making lives much, much better by restoring normal body function, bringing true health, and reducing or eliminating the need for medications. How else would one proceed if this is firmly understood?

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