

CHIROPRACTIC CAN BENEFIT CHILDREN

By Dr. Derek Conte

Earlier this year, a young adopted boy of five with luminous eyes, we'll call him David, was brought in on referral by his dad for me to examine. David didn't speak very much and was painfully shy. David's dad told me that since his adoption two years ago, the boy has suffered from almost non-stop earaches, hearing problems, nausea and vomiting, clogged nasal passages, balance problems and, worst of all, a lot of social isolation and bullying from other kids.

The exam revealed that David did not stand straight. His head was strongly tilted to one side and he carried much more body weight on one leg than the other. For a chiropractor, this is a sign of trouble in the nervous system and, by extension, the overall health of the boy. David's nose was completely clogged, running steadily and a simple hearing test showed a problem there, too. A check of the spine revealed a very painful and rotated second cervical vertebra and also a significantly rotated sacrum.

Chiropractors do not treat diseases. Our mission is to clear the nervous system of interference by adjusting the spine and restoring the posture to a neutral state. It often follows that ailments clear up without



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the use of drugs because the body is functioning at a much higher level. We adjusted David that day and rechecked his posture and weight distribution. He was balanced and we sent him home. His dad called and said he got sick twice on the way home and never got sick again. The next week David came in talking animatedly and explaining how he put a bully in his place at school. There was no more fear. No hesitation. His nose was clear and there was no nasality in his speech. His dad said he was a different child. Now, months later, David has had none of his original symptoms return. He comes in for checkups every two months and has had four visits total. The added dimension of the flowering of his personality is the result of his not feeling awful all the time. It had only to be unlocked.

The thing to remember is that chiropractic is for everyone and should be an essential part of all our lives. Arrange a checkup with a chiropractor near you so that you can unlock all of *your* potential.

Dr. Derek Conte is a founding member of the new Chiropractic Specialists in Smyrna on Concord Rd. For questions, a tour or an appointment, call: 404-784-6008.