

Amazing Healing Power

By Dr. Derek Conte

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In 2020, a fire in California's Big Basin was ignited by a lightning strike, engulfing the tops of 300-foot, 2,000-year-old Redwood trees, consuming even the needles. Without needles (leaves) to catch the sunlight, photosynthesis is impossible, and so it was thought all the trees were lost forever.

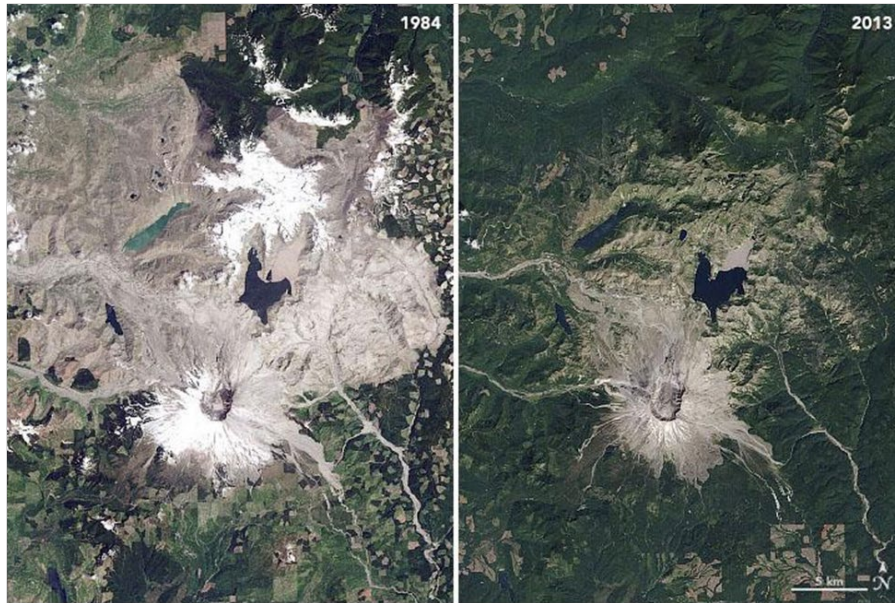
"It was shocking," said Drew Peltier, a tree ecophysiologicalist at Northern Arizona University, in a paper published in NATURE PLANTS. "But many of them lived" Peltier said, when he returned to find new growth at the bases of the trees a few months after the fire.



<https://www.science.org/content/article/ancient-redwoods-recover-fire-sprouting-1000-year-old-buds>

It seems the great trees called on deep energy reserves gathered over decades to restart growth. Some of the trees' dormant buds were estimated to be a 1,000 years old... really quite remarkable!

In the eruption of Mt. St. Helen's in Oregon in 1980, there was a total devastation to the forest extending about 15 miles from the center going north and west, 6 miles going east, and 3 miles going south... an expanse of almost 20 miles! Yet in the ensuing 30-40 years the forest has re-grown and is again productive and being selectively harvested.



<https://www.fs.usda.gov/inside-fs/delivering-mission/apply/rmrs-nasa-track-40-years-recovery-mt-st-helens>

The human body, as with all living things, possesses a powerful life-force and amazing reserves that can be called upon to heal our wounds and our health... even if we are very ill. As long as life exists in us, there is the potential for healing!

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